



New Laws Concerning Physical Examinations

In September 2006, new requirements for physicals were initiated by New York State. The regulations are as follows:

‘Except in the city school districts of the cities of New York, Buffalo and Rochester, it shall be the duty of the trustees and boards of education to require each student enrolled in the public school to have a satisfactory health examination conducted by the student's family physician, physician assistant or nurse practitioner, upon the student's entrance in such school at any grade level and for each student entering pre-kindergarten or kindergarten and in the 2nd, 4th, 7th and 10th grades. Such examination shall be acceptable for purposes of this section if it is administered not more than twelve months prior to the commencement of the school year in which the examination is required.’

If you have any questions concerning these new requirements, please contact the health office at the main campus (679-1581, ext. 2758 or 2756) or at Wheelock (679-1581, ext. 3704).



New Immunization Requirements

New York State Public Health Law Section 2164 **has some recent amendments to the immunization requirements** that apply to students in the Fredonia Central School District. The additions are:

- All students who will be enrolled in the 6th grade are required to be immunized against varicella (commonly known as chickenpox) prior to the start of the school year.
- All children born on or after January 1, 1994 and entering the 6th grade must be vaccinated against Tdap (Tetanus, diphtheria and acellular pertussis) prior to the start of the school year.
- All children born on or after January 1, 2005, must be immunized against pertussis (commonly known as whooping cough) and tetanus as requirements for school entry and attendance.

New York State Public Health Law has the **following existing immunization requirements** for school entrance and attendance in kindergarten through 12th grades

- A minimum of 3 Diphtheria Toxoid containing vaccine (usually given as DTP or DTap)
- A minimum of 3 doses of enhanced inactivated poliomyelitis vaccine (commonly known as IPV),
- 2 doses of measles containing vaccine and 1 dose each of mumps and rubella (preferably given as MMR),
- 3 doses of hepatitis B vaccine,
- 1 dose of varicella (if the child is born on or after 1/1/98). See above for requirements for students born on or after 1/1/94.
- For pre-kindergarten, the only difference from the requirements listed above is that only 1 MMR is required. 3 doses of HIB (haemophilus influenzae type b) are required if the doses were given prior to age 15 months of age, or 1 dose if it was administered after 15 months of age.



Cover Your Cough

The New York State Health Department has instituted a campaign to help fight against the spread of the flu and other illnesses. The recommendation is to “keep your germs to yourself” by doing the following:

- Use a tissue or cough and sneeze into your upper arm.
- Wash your hands with soap and hot water, or use a waterless hand cleanser after blowing your nose or coughing or being near someone who is ill.
- Stay at home and avoid close contact with others when you are ill.

For more information, check out the www.nyhealth.gov, www.pandemicflu.gov, and the www.cdc.gov websites.